

Laurel Crest, Independent Living **Activity Calendar**

February 27th—March 5th

Sunday, February 27th

<u>10:00AM</u>	Trenholm Rd. United Methodist Church	<u>Ch 6</u>
<u>11:00AM</u>	First Baptist Church	<u>Ch 9</u>
<u>4:00 PM</u>	Sunday Evening Worship	Three Rivers Rm
<u>5:30 PM</u>	Chaplain Mike Sears—Evening Worship	LC Channel 1390

Monday, February 28th

<u>10:00AM</u>	OTAGO (Resident Led)	Fitness Center
<u>10:45 AM</u>	Exercise Video Note Time Change	Fitness Center
1:30PM	Bridge	Living Room
<u>3:00PM</u>	Drumming Exercise w/Veronica	Fitness Center
7:00PM	Canasta	4th Floor Parlor <u>,</u>
		Riverside

Tuesday, March 1st

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<u>10:30 AM</u>	TheraBand with Sandra (Stretch Class)	Fitness Center
<u>11:00AM</u>	Bible Study with Chaplain Mike	Living Room
<u>12:00 & 5:</u>	00 Mardi Gras Themed Lunch and Dinner	DR
<u>1:30</u>	PCSC Olympics Organizational Meeting	LR
<u>2:00PM</u>	Chimes Practice	Three Rivers Rm
<u>3:00PM</u>	LC Choir	Three Rivers Rm
7:00PM	Poldark Mini Series	Living Room
7:00PM	Moon (Domino Game)	4th Floor Parlor
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Wednesday, March 2nd

9:00AM	Grocery Trip	Lobby
<u>10:00AM</u>	OTAGO (Resident Led)	Fitness Center
<u>10:45AM</u>	Exercise Video Note Time Change	Fitness Center
<u>12:30PM</u>	NO Spa Nails today	
<u>1:00</u>	Hearing Aid Checks with Charles Young	CV4
<u>1:30PM</u>	Ash Wednesday Service	Living Room
<u>2:00PM</u>	Lenten Devotion Series	CH 1390
2:00PM	Big Lots Shopping Trip	Lobby
2:30PM	Knitting Circle	Living Room

Thursday, March 3rd

<u>10:30 AM</u>	TheraBand with Sandra (Stretch Class)	Fitness Center
11:00 AM	Putt-Putt Practice	Living Room
2:30PM	Chair Cardio with Veronica	Fitness center
<u>3:15 PM</u>	Wii Bowling Practice	Living Room
4:15 PM	Cheer Practice	Living Room
7:00PM	Moon (Domino Game)	4th Floor Parlor,
		<u>Riverside</u>
7:00PM	Movie Night hosted by Gerry Smoak	Living Room



Calendar Questions/Info: Contact Debbie at 803.849.4138

Friday, March 4th

9:00AM	Men's Prayer Group	Living Room
<u>10:00AM</u>	OTAGO (Resident led)	Fitness Center
<u>10:45AM</u>	Exercise Video Note Time Change	Fitness Center
<u>11:15AM</u>	Lunch Bunch-Nick's House of Pizza	Lobby
<u>2:00PM</u>	BINGO	Living Room
<u>4:00PM</u>	Happy Hour	Living Room
<u>7:00PM</u>	Canasta	4th Floor Parlor
<u>7:00PM</u>	Canasta	2nd Fl Parlor Riv
Saturday, March 5th		
<u>3:30PM—</u>	Smart Mouth Game	Living Room

What's Ahead:

- The PCSC Olympics are coming up Friday, April 22 from 9AM to 2PM at the Presbyterian Home here in Columbia. The March calendar has weekly opportunities for practicing Bocce, Wii Bowling, Putt-Putt, Spelling, and Cheer Squad. Speed Walkers are expected to walk on their own schedule but competitors will be paired if desired. A sign up sheet for events will be out at the front desk shortly.
- Chaplain Mike will be holding an Ash Wednesday service at 1:30 in the Living Room. If you wish to receive ashes, please join us in the Living Room on March 2.
- Dining Services will be changing it's ice cream flavors. Graham Central Station Ice Cream will be going away as well as Salted Caramel. New flavors will be Brookie Dough Blast and Peanut Butter Caramel Cookie Dough

Happiest of Birthdays to:

Eunice Rusche 3/3 Mary Larkey 3/5 Ann Hoeing 3/5 Ellen Deller 3/12 Sam Williams 3/13 Carol Carter 3/19 Dot Collins 3/23 Betty Gabriel 3/24

