

# Laurel Crest, Independent Living Activity Calendar



July 31 —August 6

## Sunday, July 31st

10:00AM	Trenholm Rd. United Methodist Church	Ch 6
11:00AM	First Baptist Church	Ch 9
4:00 PM	<b>Fifth Sunday Hymn Sing</b>	<b>Living Room</b>
	<b>NO Evening Worship with Chaplain Mike Sears</b>	<b>(Ch1390)</b>

## Monday, August 1st

10:00 AM	OTAGO (Resident Led)	Fitness Center
10:45AM	Exercise Video	Fitness Center
1:30PM	Cookies in the Lobby	Lobby
1:30PM	Bridge	Living Room
	<b>NO Drumming Exercise w/Debbie</b>	<b>Fitness Center</b>
7:00PM	Canasta	4th Floor Parlor, Riverside

## Tuesday, August 2nd

10:30 AM	TheraBand with Sandra (Stretch Class)	Fitness Center
11:00AM	Bible Study with Chaplain Mike	Living Room
2:00PM	LC Chimes	Three Rivers Rm
3:00PM	LC Choir	Three Rivers Rm
7:00PM	Mini Series- <i>Virgin River</i>	Living Room
7:00PM	Moon (Domino Game)	4th Fl Parlor Riv

## Wednesday, August 3rd

9:00AM	Grocery Trip	Lobby
10:00 AM	OTAGO (Resident Led)	Fitness Center
10:45AM	Exercise Video	Fitness Center
	<b>NO Spa Nails</b>	<b>CV4</b>
2:00PM	<b>Cayce Farmer's Market</b>	<b>Lobby</b>
2:30PM	Needle Arts Hour	Living Room

## Thursday, August 4th

10:30AM	TheraBand with Sandra	Fitness Center
	<b>NO Chair Cardio with Debbie</b>	<b>Fitness center</b>
3:30PM	<b>Demo of Adaptive Equipment for Visually Impaired</b>	<b>Living Room</b>
7:00PM	Moon (Domino Game)	4th Floor Parlor, Riverside
7:00PM	Movie Night hosted by Gerry & Judy	Living Room



# LAUREL CREST

**Calendar  
Questions/Info:  
Contact  
Debbie at  
803.849.4138**

## Friday, August 5th

9:00AM	Men's Prayer Group	Living Room
10:00 AM	OTAGO (Resident Led)	Fitness Center
10:45AM	Exercise Video	Fitness Center
11:15 AM	<u>First Friday Lunch Bunch—Bonefish Grill, Forest Acres</u>	<u>Lobby</u>
2:00PM	BINGO	Living Room
4:00PM	Happy Hour	Living Room
6:30PM	<u>Dandy Don-Cowboy Entertainer</u>	<u>Living Room</u>
7:00PM	Canasta	4th Fl Parlor Riv

### What's Ahead:

- ◆ The First Friday Lunch Bunch outing planned for August 4 will be to Bonefish Grill in Forest Acres. Please sign up at the front desk.
- ◆ Our first Wednesday shopping trip out will feature a new destination. The afternoon trip will be to the Cayce Farmer's Market. In addition to locally sourced fruits and vegetables they also carry fruits and vegetables as well as many other specialty, locally made honeys, jellies and jams, pickled vegetables, fudge and old-fashioned candy. You can find bar-b-que sauces, salad dressings, marinades, batters and seasonings. They have nuts including peanuts and pecans. They sell hot boiled peanuts too.
- ◆ Dandy Don, the Cowboy entertainer will be here Friday Aug 5 at 6:30 pm in the Living Room. If you remember & enjoy the Classic Western songs of Roy Rogers, Gene Autry, The Sons of the Pioneers, B-Western Movies, Saturday Morning TV and Afternoon Matinees, Cap Guns and Stick horses, then you will certainly love the music of Dandy Don.
- ◆ The date for the Annual Laurel Crest Anniversary Dinner has been set for August 22. Formal attire is recommended. More details to come
- ◆ Residents are reminded that medical transportation must be scheduled on Monday, Tuesday or Thursday. Laurel Crest vehicles are used for recreation transportation on other days. As a courtesy, please check your upcoming appointments and have them entered in the transportation log at least 48 hours in advance.

Happiest of Birthdays to:  
Happy Henry—8/1  
Judith Bunge—8/4  
Rick Handel-8/11  
John Spurgeon—8/13  
Patsy Seals—8/23  
Bob McCloskey—8/24  
George Hallman—8/26  
Libba Hawkinson—8/28  
Binky Tindall— 8/28

### Residents, please note:

We will not be able to provide any Friday transportation until further notice. Thank you in advance for your understanding.

**Forget toothpaste while you were at the store?  
Need a gift for a friend?**

**You can find necessities in the Laurel Crest Gift Shop.**

We also have an ever changing selection of gift items. The Gift Shop is located adjacent to the 4th floor lobby elevator. Open Monday through Friday from 10a.m. until noon.