## SOUP DU JOUR

## SALADS

Pear \& Bleu Cheese Salad ~Mesclun Greens, Sliced Pears, Crumbled Bleu Cheese, Red Onion, Toasted Pecans ~ Brown Sugar Maple Vinaigrette

Caesar Salad $\sim$ Romaine, Tomatoes, Red Onions, Croutons, Asiago Cheese $\sim$ Caesar Dressing
Cherry Congealed Salad
Pineapple \& Low-fat Cottage Cheese
Seasonal Fresh Fruit Salad
French Vanilla Yogurt
Waldorf Salad with Toasted Walnuts, Celery \& Raisins
POULTRY ENTREES
Breaded Chicken Tenderloins ~Honey Mustard
Lemon Chicken with Garlic \& Mushrooms
Smothered BBQ Grilled Chicken Breast ~ Bacon, Colby Jack \& Cheddar Cheeses, and Scallions Char Grilled Chicken Breast (Salt-free seasoning)

Sweet \& Sour Chicken Filet

## PORK ENTREES

Baked Ham ~Pineapple \& Raisin Sauce
Baby Back BBQ Ribs ~Honey BBQ Sauce
BEEF ENTREES
Pot Roast ~ Baby Carrots \& Brown Gravy
Wheat Spaghetti with Italian Meat Sauce $\sim$ Garlic Toast
Trio of Lamb Chops $\sim$ Apple-Mint Jelly
Prime Rib ~Au Jus

## SEAFOOD ENTREES

Deep Fried Southern Style Catfish ~Tartar Sauce
Salmon Filet $\sim$ Mustard Grain Caper Cream Sauce
Pan Seared Cod $\sim$ Capers and Tomatoes in a White Wine Sauce
*Steamed Salmon, Baked Caffish or Baked Cod Available by request

## SIDE DISHES

Fresh Fruit
Seasoned Green Beans
Mashed Potatoes
June Peas
Marinated Cole Slaw
Seasoned Cabbage
Seasoned Black Eyed Peas
Fresh Sliced Tomatoes

Baked Potato
Baked Sweet Potato
Seasoned Lima Beans
Beer Battered Zucchini Sticks
Unseasoned Green Beans
Steamed Broccoli Florets
Baked Peaches
Turnip Greens

## BUILD YOUR OWN BURGER with BRIOCHE STYLE BUN

$\sim$ French Fries or Choice of Side
Proteins: Angus Beef, Turkey Burger, or Black Bean Burger
Cheese: Cheddar, Swiss, Smoked Gouda Pimento Cheese, Bleu Cheese
Accompaniments: Bacon, Grilled Onion, Grilled Mushrooms, Lettuce, Tomato, Red Onion, Garlic Pickle

## COLD ENTRÉES with FRESH FRUIT OR VEGETABLES

Shrimp Salad $\diamond$ Chicken Salad $\diamond$ Tuna Salad
Fresh Fruit \& Muffin Plate $\diamond$ Fruit \& Yogurt Plate

## SANDWICHES \& PIZZA with POTATO CHIPS or CHOICE of SIDE

Chef's Choice Personal Pizza
Turkey \& Cheddar $\diamond$ Ham \& Swiss $\diamond$ Smoked Gouda Pimento Cheese
Grilled Rueben on Marble Rye ~Thinly Sliced Corned Beef, Sauerkraut, Swiss Cheese, Thousand Island Dressing

Entrée Size Grilled Chicken Caesar Salad
Romaine, Tomatoes, Red Onions, Croutons, Asiago Cheese $\sim$ Caesar Dressing

## BEVERAGES

Sweet Tea, Unsweetened Tea, Lemonade, 2\% Milk, Chocolate Milk, Buttermilk, Orange, Cranberry, Apple, V-8 \& Prune Juices
Sprite, Coke, Diet Coke, Ginger Ale, Diet Ginger Ale
Freshly Ground Coffee, Hot Chocolate, Assorted Flavored Hot Teas

ASSORTED ICE CREAMS \& DESSERTS
~New Selections Daily ~ No Sugar Added Options Available

