# Laurel Crest, Independent Living Activity Calendar for the Week of May 26th-June 1st

Sunday,	May	<b>26th</b>
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8: 30AM	Living Room	lst Pres on TV
11:30AM-2:0	OPM Dining Room	Sunday Brunch
4:00PM	Three Rivers Room	Worship Service
5:00PM	AL Common Area	Worship Service

2:00PM Three Rivers Room LC Chimes Practice

#### **Monday, May 27th**

<u>10:15AM</u>	Fitness Center	OTAGO
1:30PM	Living Room	Bridge
2:00PM	3rd Floor Parlor, Riverside	Scrabble

3:00PM Where You Are National Moment of Silence ("The National Moment of Remembrance, established by Congress, asks Americans, wherever they are at 3 p.m. local time on Memorial Day, to pause in an act of national unity for a duration of one minute." Source: Wikipedia.com)
3:00PM Lobby Cookies and Fellowship

Tuesday, May 28th

3:00PM	Three Rivers Room	LC Chorus Practice
6:00PM	Living Room	Nightly News
<u>7:00PM</u>	Living Room	Call the Midwife ( Adapted by
Heidi Thoma	us from the best-selling men	noirs of Jennifer Worth, this drama series is
a moving, fur	nny, colorful look at midwif	ery and family in 1950s East End London. It
follows newl	v qualified midwife Ienny, v	who joins an eccentric, lovable community

of nuns who are nurses at Nonnatus House. Jenny is surprised to find herself at a convent -- she thought she was being sent to a small private hospital -- and is initially daunted by her surroundings, most notably the formidable Sister Evangelina and the unconventional Sister Monica Joan. But Jenny gradually begins to find her way and develops incredible friendships among the nurses, as they are drawn into the lives and homes of the women and families they treat.)

Wednesday, May 29th

9:00AM	Lobby	Publix Grocery Shopping (Sign Up)
10:00AM	Fitness Center	OTAGO , IT G ( G I )
11:00AM	Lobby	Wal-Mart (Sign Up)
1:00PM	Lobby	Errands (Sign Up)
2:30PM	4th Floor Parlor	Manicures

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# Thursday, May 30th

10:15AM	Fitness Center	Exercise video
3:00PM	Living Room	BINGO
6:00PM	Living Room	Nightly News
7.00DM	Living Doom	Maria Night "

7:00PM Living Room Movie Night- "Lincoln" (With the nation embroiled in still another year with the high death count of Civil War, President Abraham Lincoln brings the full measure of his passion, humanity and political skill to what would become his defining legacy: to end the war and permanently abolish slavery through the 13th Amendment. Having great courage, acumen and moral fortitude, Lincoln pushes forward to compel the nation, and those in government who oppose him, to aim toward a greater

Calendar Questions/Info. Contact Tricia Richardson @ 803-796-0370

#### good for all mankind.)

#### Friday, May 31st

8:00AM	Living Room	Men's Prayer Group
10:15AM	Fitness Center	Exercise Video
3:00PM	Living Room	Knitting Circle
4:00PM	Living Room	Happy Hour
7:00PM	3rd Floor Parlor	Canasta

#### Saturday, June 1st

<u>11:00AM</u>	Fitness Center	Dancersize
2:00PM	Living Room	BINGO
3:00PM	Lobby	Cookies and Fellowship

### **Memorial Day**

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2019 occurs on Monday, May 27.



Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.

# **Early Observances of Memorial Day**

The Civil War, which ended in the spring of 1865, claimed more lives than any conflict in U.S. history and required the establishment of the country's first national cemeteries. By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers.

(Source: www.history.com)

In observance of Memorial Day, we will have a POW/MIA table set in the Riverside Dining Room in honor of the men and women who gave the ultimate sacrifice. Some of which never made it home. We will also lower our American flag at half mast. We hope that you will all take a moment of silence at 3:00PM in remembrance. "The National Moment of Remembrance, established by Congress, asks Americans, wherever they are at 3 p.m. local time on Memorial Day, to pause in an act of national unity for a duration of one minute." (source: Wikipedia.com)